LET’S FIGHT TOGETHER WITH COVID 19 & VECTOR BORNE DISEASES

(PRECAUTIONS)

FOR COVID 19

- Keep a safe distance
- Wear a mask
- Wash your hands frequently with soap & water
- Cough etiquette: Cover your mouth with sleeve or elbow
- Avoid contact with sick people

FOR COVID 19 CALL THE HELPLINE
0172-2752038, 97795-58282

FOR VECTOR BORNE DISEASES

- Keep all overhead tanks & water containers properly covered.
- Remove water from coolers, water tray behind fridge, flower pots, birds & animal feeding pots & haudivs once in a week and scrub them dry for 3-4 hours.
- Eliminate standing water by filling or draining pits in ground that hold water.
- Regularly check unused tyres, pot plants, roof guttering, bird and animal feeding pots for stagnation.
- Empty pot plant drip trays once a week or fill with sand. Water of money/bamboo plants kept indoor be changed every week.
- Check defrost trays at the back of the fridge every week for stagnation of water and dry them.
- Keep surroundings of your house clean. Do not allow wild plants to grow around your house.
- Clean the blocked drains. Do not litter garbage.
- Dispose of old containers, tins and tyres lying in open.
- Ensure you cover all windows, doors with wire mesh.
- Wear long sleeved clothes to cover exposed parts or use mosquito repellants.
- Put oil in stagnant water to prevent breeding of mosquitoes

VECTOR BORNE DISEASES CALL THE HELPLINE NO.
0172-2740408 76260-02036

In case of Fever / Dry Cough / Tiredness / Breathing related Health issues, Visit near by Hospital or Dispensary

NATIONAL VECTOR BORNE DISEASE CONTROL PROGRAMME, CHANDIGARH